

eat

breakfast (Until 3 pm)

Sandwiches

The Ray 5.95

Multigrain, egg, cheese, tomato

Breakfast Bagel 6.50

Egg, cheese, bacon, ham, peppers, onion, mayo

Big Boy 10.95

Multigrain, 2 eggs, cheese, ham, bacon, peppers, onion, avocado, mayo

Sunrise Stacker 16.49

Brioche bun, 2 sunny side eggs, bacon, tomatoes, onions, mayo, ketchup, lettuce, cheddar cheese and a side of hash browns.

Omelettes

Smoked Meat 18.99

Eggs, smoked meat, pesto sauce, pico, hash browns and toast

Veg Delight 16.99

Eggs, peppers, onions, spinach, truffle mushroom, cheddar cheese, salsa, hash browns and toast

Ham and Cheese 17.99

Eggs, ham, cheddar cheese, salsa, hash browns and toast

Wraps

Classic Breakfast Wrap 5.50

Egg, cheese, ham, peppers

Veggie Wrap 7.95

2 eggs, cheese, peppers, onion, arugula

Avocado Bacon Wrap 9.95

2 eggs, cheddar cheese, cream cheese, tomato

Southwest Breakfast Burrito 10.95

2 eggs, cheese, carnitas, beans, corn, avocado, tomato, southwest sauce

Other

Avocado Toast 12.95

Parmesan

Traditional Breakfast 12.95

2 sunny side eggs, 3 bacon, hash browns and toast

gourmet soups (Until 5 pm)

Cup 5.95

Bowl 6.95

sandwiches (Until 5 pm)

Tuna Salad 9.95

Mayo, cucumber, tomato, onion, pickles, peppers, lettuce

Upscale Grilled Cheese 9.95

Sourdough rye, arugula, tomato

Roast Chicken 10.95

White bread, honey mustard, jack cheese, tomato, lettuce, red onion

Pulled Pork 11.95

Brioche bun, coleslaw

Turkey Bacon Club 11.95

Multigrain, mayo, cheese, lettuce, tomato, onion, pickles, peppers

Veggie Hummus 11.95

Multigrain, feta cheese, lettuce, onion, pickles, peppers, arugula

Montreal Smoked Meat 12.95

Sourdough rye, mustard

Panini 12.95

- **Chicken Pesto**

Mozzarella cheese, tomato, arugula, pesto mayo

- **Ham**

Sun-dried tomato mayo, cheddar cheese, tomato

- **Veggie**

Pesto mayo, mozzarella cheese, zucchini, onion, peppers, sun-dried tomato

Wraps (Until 5 pm)

Chicken Caesar Wrap 11.65

Romaine, bacon

Chipotle Chicken Wrap 11.65

Corn, beans, arugula

Curry Chicken Wrap 11.95

Spring mix, curry chicken, cilantro lime dressing

other (12 pm - Close)

Hummus & Bread 10.95

Pumpkin seeds, cilantro, bread

Mac & Cheese 10.95

Cajun Chicken Quesadilla 12.65

Corn, beans, peppers, cilantro lime dressing

Add Crackers or Bread for Free

salads (All Day)

Tex Mex Buddha Bowl (GF)	14.95
Mixed greens, quinoa, red pepper, tomato, black beans, corn, cheddar cheese, cilantro lime dressing	
Thai Peanut Buddha Bowl (Ve) (GF)	14.95
Mixed greens, quinoa, red pepper, carrot, cucumber, cabbage, sesame seeds, peanuts, Thai peanut dressing	
Curried Chicken Salad (GF)	14.50
Mixed greens, roasted chicken, celery, apple, raisins, walnuts, grapes, curry, mayo dressing	
Green Salad (V) (GF)	12.95
Caesar Salad (GFA)	11.95
Add chicken (+3.00)	
Add avocado (+3.00)	

pizza (12 pm - Close)

BBQ Chicken	19.95
BBQ sauce, red sauce, mozzarella, roasted chicken, onion	
Brussel Sprouts & Prosciutto	19.95
White sauce, mozzarella, Brussel sprouts, prosciutto, honey drizzle	
Chicken Margherita	19.95
Red sauce, mozzarella, pesto, roasted chicken, basil leaves, olive oil	
Mediterranean Salami	19.95
Red sauce, mozzarella, feta cheese, salami, spinach, onion, red pepper	
Mushroom (V)	19.95
White sauce, mozzarella, mushroom medley, truffle oil, arugula	
Margherita (V)	17.95
Red sauce, mozzarella, pesto, basil leaves, olive oil	
Pepperoni	17.95
Red sauce, mozzarella, pepperoni	
Cheese (V)	14.95
Red sauce, mozzarella	
Gluten-free crust (+1.00)	

tacos (12 PM - CLOSE)

Carnitas	13.95
braised pork, cabbage, onion, garlic aioli	
Chipotle Mushroom (V)	13.95
sautéed chipotle mushroom, feta cheese, avocado crema, pickled onion	
Southwest Chicken	13.95
marinated chicken, cabbage, pico de gallo, sour cream, cilantro	

tapas (3 PM - CLOSE)

Charcuterie Board (GFA)	22.95
meats, cheese, fresh bread, crackers, olives, beer jelly from Barnside Brewing Co.	
Meatballs (V)	13.95
creamy red sauce, meatballs, focaccia, arugula	
Stuffed Mushrooms (V)	11.95
cream cheese, parmesan cheese, spinach, onion, peppers, lemon juice, sriracha	
Bread with Oil & Balsamic (Ve)	7.95
oil and balsamic vinegar from Coastal Olive Oils	

dessert

Hot Fudge Brownie	7.95
Affogato (V) (GF)	6.95
double shot of espresso, vanilla bean ice cream add chocolate or caramel sauce and slices almonds	
Carrot Cake	3.95

Dietary Icons:

Ve = Vegan

V = Vegetarian

GF = Gluten Friendly

GFA = Gluten Friendly Options Available